SA Ambulance Service Retired Officers'Association Inc.

"Friendship and welfare in retirement"



Patron Dr John E Gilligan AO OStJ FANZCA FCICM Dip Hyperb Med

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COMMITTEE

Position	<u>Held By</u>	Contact No	<u>.</u>
President	Cliff Pinkard	Elected	XXXX XXX XXX
Secretary	Colin Beames	Elected	xxxx xxx xxx
Treasurer	Wayne Jackson	Elected	xxxx xxx xxx
Welfare	Rod Kershaw	Elected	xxxx xxx xxx
Membership Coordinator	Bill Bourn	Elected	xxxx xxx xxx
Website Coordinator	Hugh French	Appointed	xxxx xxx xxx
Newsletter Coordinator	Gerry Oliver	Appointed	xxxx xxx xxx
Social Coordinator	Mary Riddle	Elected	xxxx xxx xxx
Riverland Social Coordinator	Rod Pearson	Appointed	xxxx xxx xxx
South East Social Coordinator	Alan Balshaw	Appointed	xxxx xxx xxx
Historical Coordinator	Robert Dale	Appointed	xxxx xxx xxx
Driver Group Fleet Coordinator	Ken Jenkins	Appointed	xxxx xxx xxx
Driver Group Events Coordinato	rs Chris & Helen McGrath	Appointed	xxxx xxx xxx
Committee Member	Barry Wright	Elected	XXXX XXX XXX



SAASROA Presidents Report

Jun - July 2023

It is my wish that you are all well and healthy and battling those wintery days and nights with the positive outlook that Spring is but one month away. A number of our members have been hospitalised or unwell (please refer to AmboCare Report). We wish them well and a speedy recovery.

SAASROA Driver's Lunch

My sincere apologies to Glen Bone and Wayne Jones, in my last report I neglected to mention that both Glen and Wayne were presented with their SAAS Service Medals for ten years of volunteering with SAASROA Driver's Group. Congratulations and well done, most deserved.

SAASROA Driver's Group Training Day

SAAS conducted a Driver's Group training day at the Fulham complex on the 18Jul23, convened by Adam Hughes ably assisted by Stacey Solomou, Bianca Lang (B1) Bianca? (B2), Andy Hillier, Luke Melito and Jakab Foster. An enjoyable day of networking was had by all with lunch supplied. Information/familiarisation and skill sets included CPR, driving, Stryker stretcher and the SAAS App. At the conclusion of the day Mary Riddle and Ken Jenkins were presented with their SAAS Service Medals for ten years of volunteering with SAASROA Driver's Group. The Volunteer Week gifts were also presented to those who did not attend the Volunteer Week lunch.

VALE: Bruce Gilbert Battersby CStJ

It is with a heavy heart and great sadness that I must report that in the early hours of the 24 July Bruce sadly passed away whilst in palliative care at the Resthaven Nursing Home, Port Elliot. Bruce was privately cremated; however, a Memorial Service was held on Friday, 11 August at the Simplicity Funeral Home, Victor Harbor.

Bruce was one of the Foundation Members of SAASROA, always having the health and welfare of others uppermost in his mind. He will sadly be missed by those who knew him, another SAAS family member taken too soon. The President, Management Committee, and membership of SAASROA extend our sincere condolences to the family and friends of Bruce, may he "Rest in Peace"

VALE: Jamie Kershaw

I was devastated and heartbroken to hear of the sudden passing of Jamie Kershaw, eldest son of Pam and Rod Keshaw from a heart attack on the 10 June aged 45.

The President, Management Committee, and membership of SAASROA extend our sincere condolences to Pam, Rod and the family and friends of Jamie, may he "Rest in Peace." Cliff PINKARD

President SAASROA 06Aug23

Did you know?

By replacing your potato chips with grapefruit as a snack you can lose up to 90% of what little joy you still have left in your life.



DRIVERS GROUP REPORT



Hello to all of you,

Well it won't be long and winter will be over. We are supposed to still get some rain, and the river is going to rise around October (not to flood level .)

I would like to welcome our three new drivers into our driver's group.- Chris and Helen McGrath, plus Kevin Marshland.

Can I also thank all our drivers who attended our training day at Fulham.

It was a great day which enabled drivers to mix together.

In July we only completed two trips , both to Gladstone.

In August so far, we will be completing four trips.

Pleased keep warm and safe,

Cheers

Ken Jenkins

Task Drivers coordinator,



<u>Look again</u>



AmboCare Report

August 2023

What a terribly eventful two months we have had with five of our members hospitalized for varying periods of time, one since late April another since early May, another three in July.

Vale Bruce Battersby

The final situation that impacted us all was the sad passing of Bruce Battersby in the early hours of 24th July; Craig Battersby advised me that morning and like so many of you I was devastated by the news.

Craig has advised that there will be a private cremation but, that a **Memorial Service** will be held on;

Date: Friday, 11 August 23 at 2 p.m.

Location: Simplicity Funeral Home, 79 Victoria St, Victor Harbor

Nb: I have included the above information in case this month's Newsletter is out early.

Hospitalisations

Further to my first two paragraphs I wish to update the situations of the alluded to in my first two paragraphs namely;

Michael Cook is now in rehabilitation in RGH Ward 20 and is receiving ongoing physio and other medical interventions related to his injuries. I am advised that Michael is good spirits despite the current situation. Unfortunately, due to my own private situation I haven't had the opportunity to visit with him however, others have and I encourage further like visits to Michael.

Peter Coombes has now returned home from his Post Stroke rehabilitation in Modbury Hospital and when I spoke to him last week he appeared in good spirits and was communicating better than in past weeks. Peter is due to start chemo in the near future again so, we wish him all the very best for that intervention

Graham Ey whilst on holiday in Brisbane early July, was stricken with cardiac problems which saw him urgently admitted to St Andrews Hospital. The outcome was that he underwent Aortic Valve replacement and a double Cardiac Bi-Pass.



Following rehabilitation and return to Adelaide, Graham was going marvellously well and continuing walking and other exercises towards a good recovery.

Ron Hoklas spent ten days in Memorial Hospital following three operations to remove obstructive *sacks* from his throat; unfortunately, procedures didn't go well which saw further uncomfortable interventions. I am happy to report however, that Ron is doing well and is now at home in the loving and caring care of his beloved Mary.

Graeme Harding spent a day/night in Flinders Private Hospital following surgery and messaged a number of us on Facebook the following day, praising Nursing and Medical staff and advising that he was now at home recuperating.

We wish you all a full recovery.

I have endeavoured to contact as many people as possible on our Welfare Contact List and those that I have were in good spirits despite life's challenges.

Footnote: My family and I would like to express our heartfelt gratitude to SAASROA members and friends following the sudden passing of our beloved eldest son Jamie following a Heart Attack, on June 10, aged 45 years.

Thank you all for your warmth and kindness at such a difficult period, we appreciated it.

In closing, I wish you all the very best of health and happiness.

Rod Kershaw ASM

Welfare Officer/Vice President





June Lunch





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Coffee July 20th Zeea's Eatery

2023 – Catch Ups





Lunch -	12 Noon		Coffee - 10am
		17 th	Watershed Café
			665 Salisbury Highway
			Mawson Lakes
<u>SEPTEMBER</u>		21 st	La Crema Coffee Roaster
			14 Denis St
			St Marys
<u>OCTOBER</u>	Stirling Hotel	19 th	Café de Grove (@Garden Grove)
10 th	52 Mount Barker Road		1150 Golden Grove Road
	Stirling		Garden Grove
<u>NOVEMBER</u>	AGM	16 th	Oar Café
			100 Military Road
			Tennyson
DECEMBER	Watermark Hotel	21 st	Enjoy Bakery
12 th 631 Anzac Highway Glenelg North			112 The Parade
		Norwood	

As Covid restrictions may continue to change please continue to text RSVP numbers to Linda Scheurich

RIVERLAND





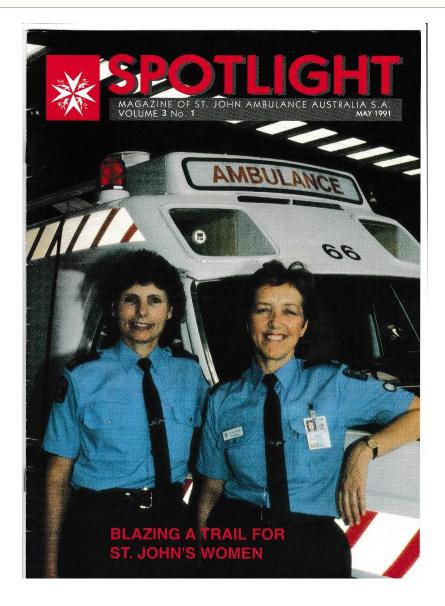
Jul 6th Renmark Coffee Morning and Farewell to Ted and Ros Cmrlec

Sep 7 th	12:00	Lunch	Waikerie Club
Oct 5 th	10:00	Morning Tea	Loxton Hotel
Nov 2 nd	10:00	Morning Tea	Lakes Bakery & Cafe, Barmera
Dec 7 th	12:00	Lunch	Renmark Club

Please advise Rod if you will be attending any of these functions.

<u>COMMITTEE MEETINGS</u> These are held on the second Wednesday of even months, at 13:00 at Port Adelaide Ambulance Station. i.e. next will take place on October 11th





Close team work and hard training paid off for Unley Centre Officer Rod Kershaw and A.O. Cliff Pinkard when they took out the State Title at The Institute of Ambulance Officers State Selection Trials in July.

Rod and Cliff faced tough competition from five teams as they worked in all areas of patient care including driving, lifting and loading of patients and reporting to medical staff.

Graham Rayson and Dean Clarke, also from Unley, fought it out for second position, but it will be Rod and Cliff who represent S.A. at the National Competition in Wollongong, N.S.W. in November.

Congratulations and good luck — we'll all be waiting for the good news from the East.

Right:

Institute President, Dave Stevenson, congratulates Rod Kershaw (centre) and Cliff Pinkard on their State win.





HISTORICAL COORDINATOR REPORT JULY 2023

Very little has changed since the last report.

Fleet 321 still has 2 dead batteries since May 4.

A new key storage box is awaiting to be installed in cargo box for duplicated keys.

A working bee is to be organised in the next couple of weeks, a full day will be required .

The Panel Van to go for a service in preparation for the Bay to Birdwood .

Fleet 541 hopefully soon to be fitted with a radio of that era .

All engines are started monthly with the occasional short drive ,time permitting .

Kind Regards Robert Dale

SAASROA Events & Fleet Movement Report for 9/8/23

No Events movements to report since the last meeting. Moving forward we have a request for the Bay Birdwood coming up 22/10/23

The team for this TBA.

The logs we have show that there have been 3 fleet movements since the last meeting.

A total of 1367 was travelled.

A total of 18 hours to complete the above taskings.

It is still important now we have the app. That the vehicle log needs to be sent to us.

Both Helen & I will still offer to help on paperwork for a claim if required but do encourage the use of the app. This will be a limited time frame.

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Perhaps an email to the drivers re the above could be considered.

Kind Regards Chris & Helen Mc Grath SAASROA Event Co Ordinator's

> I wasn't sure what to make for dinner, so I opened a bottle of wine & now I don't care.

A lesson for us all there I think.

Training day 18th July for SAASROA Volunteer drivers

Mary and Ken also received their 10 year Ambulance Service Medals.



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(Courtesy of John Pohl)



VL5FT GETAWAYS

2023 Destinations

Waikerie Barb and Rod Pearson

In - October 20th - Out - October 28th

Waikerie Holiday Park (08 8541 2651) 5 ensuite cabins and 10 powered sites have been booked under the name "Retired Ambos 2023". Big4 and Seniors discounts apply, however if members have neither of these, they will be provided with a 10% manager's discount. As always, please advise the convenors once you have booked with the park <u>barbarapearson247@gmail.com</u>



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First Get Away for 2024

When:

In: Friday February 23rd

Out: Friday March 1st

Where:

Port Lincoln Caravan Park, North Shields

Situated 15 km from Port Lincoln Marina, Port Lincoln Caravan Park in North Shields features accommodation, a garden with a barbecue and a children's playground.

The following have been booked in the name of Retired Ambos - Dieter Scheurich.

8 x Caravan Sites (\$35) **

5 x Cabins -Twin Family (1 double bed, 1 bunk with a lounge \$110) **

1 x Pet Friendly Cabin (Frances - \$110) **

1x Disabled Family Cabin (Cliff - \$110) **

Discount: Stay 7 nights – pay for 6

**Please note these are 2023 prices. The prices for 2024 will be released at the end of June but this will give you a guide. We will update you as soon as we know **.

Please ring the Park to secure your cabin or site on 886843512 and then text either Dieter or Linda advising what you have booked and the dates of

your stay.

More details will follow in due course.

Looking forward to a great week exploring Port Lincoln in February 2024.

2nd Getaway 2024 -

Where: Stansbury

Stansbury is located on the Yorke Peninsula and is approximately 225km or a 2 ½ to 3 hour drive from Adelaide.

Foreshore Caravan Park – 22a Anzac Parade Stansbury 5582, 08 88524171. I spoke to Michelle.

www.stansburycaravanpark.com.au

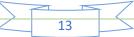
*Please secure your booking ASAP as they can't hold the booking without a deposit (one night's stay) which is refundable up to 2 weeks prior to stay.

When: In: Friday May 24th Out: Friday May 31st

Check in: 12pm for Sites, 2pm for Cabins and Villas Check out: 10am. Please notify Chris or Helen once you have made a booking.

The following has been booked in the name of Helen McGrath – Retired Ambulance Officers





8 Caravan Sites – 10,11,12,13,15,16,17 and 18 – Stay 7, pay for 6 - \$42 per night

1 cabin suitable for a single (number 4) - \$140 per night

And 6 Villas:

5 and 6 – no balcony \$155 per night

- 7 disability cabin \$165 per night
- 8, 9 and 10 \$165 per night

The cabin and villas you can get seniors discount of 10%

Please refer to the map below of where the sites/cabins are situated.



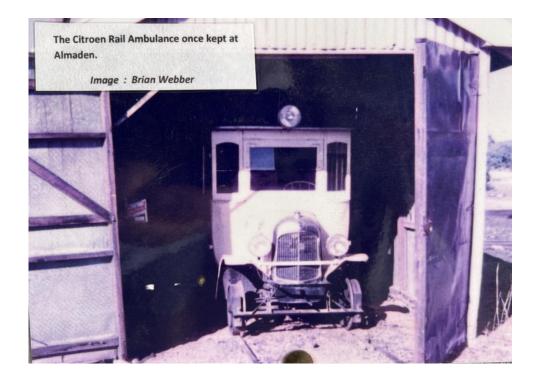


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Editor's Note

Heather and I were in Cairns May/June, and whilst there we took a rail trip on the "Savannahlander" from Cairns to Forsayth. On the way, we came across these photos (with apologies for quality), which give an indication of times gone by.





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Cheers

Gerry Oliver