

SA Ambulance Service
Retired Officers' Association Inc.
 "Friendship and welfare in retirement"



Patron Dr John E Gilligan AO OStJ FANZCA FCICM Dip Hyperb Med

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COMMITTEE

<u>Position</u>	<u>Held By</u>		<u>Contact No.</u>
President	Cliff Pinkard	Elected	#### ##
Secretary	Colin Beames	Elected	#### ##
Treasurer	Wayne Jackson	Elected	#### ##
Welfare	Rod Kershaw	Elected	#### ##
Membership Coordinator	Bill Bourn	Elected	#### ##
Website Coordinator	Hugh French	Appointed	#### ##
Newsletter Coordinator	Gerry Oliver	Appointed	#### ##
Social Coordinator	Mary Riddle	Elected	#### ##
Riverland Social Coordinator	Rod Pearson	Appointed	#### ##
South East Social Coordinator	Alan Balshaw	Appointed	#### ##
Historical Coordinator	Robert Dale	Appointed	#### ##
Driver Group Fleet Coordinator	Ken Jenkins	Appointed	#### ##
Driver Group Events Coordinators	Chris & Helen McGrath	Appointed	#### ##
Committee Member	Barry Wright	Elected	#### ##



SAASROA Presidents Report

March 2023 – April 2023

Introduction

Happy Easter and hope that you have had some 'me time' for yourself and/or the family at this festive time.

Time has flown this year and we are getting ever closer to the dreaded Winter. I trust you are all fit and well and have taken the precaution of getting your Covid and flu booster vaccinations.

SAASROA Drivers Workshop

Resulting from the meeting between Rob Elliott and me, Chris Howie has arranged a Workshop Day to be held at Fulham SAAS facility on the 18th July from 1000hrs to 1500hrs.

Workshop topics will be:

1. Reimbursements and use of Reimbursement App for reimbursements
2. Manual tasks refresher
3. CPR refresher
4. Driving/vehicle refamiliarization

Meeting with SAAS CEO

On the 9th February SAAS CEO (Rob Elliott) and I met to discuss a number of outstanding matters between SAAS and SAASROA. The meeting was very cordial and productive.

Issues discussed were:

1. Rondel
2. Coffee allowance
3. SAAS Scene
4. Training
5. Honour Boards
6. Retirement Seminars
7. Extra electrical circuit Port Adelaide
8. SAAS Service Medal
9. Museum area in new headquarters
10. Mini Ambulance travel reimbursement
11. Sponsorship Website
12. SAAS Excellence Award Below is the response from SAAS

Summary of actions regarding the ROA requests.

1. **Use of full SAAS logo** – understood this to be a closed issue, however, request sent to Corporate Comms to follow up
2. **Link to SAASNews** - request sent to Corporate Comms to send link via Colin Beames
3. **Funding of Excellence Award** – Corporate Comms advise we already absorb this as part of our event budget
?
4. **Training** – we will look to set up a training day once internal SAAS training resources availability permits
 1. *Reimbursements* – always has been an arrangement that any requests made by SAAS for SAASROA Driver Group attendance, SAAS will pay for any appropriate reimbursements – SAAS won't pay if activity SAASROA driven / requested
 2. *Stretcher refresher etc.* – request in place via Damien Norsworthy for A. Hillier & J. Foster to help facilitate SAASROA driver Group driver safety / stretcher familiarisation training session
 3. CPR refresher – request in with Stacey Solomou to support a CE facilitating CPR session, noting SAASROA Drivers Group members only indemnified up to current t accredited level (i.e., Senior First Aid etc. – SAAS will NOT be issuing any form of ATP)
 4. *Use of Reimbursement App for reimbursements* – Renae Beeching willing to provide initial training session for SAASROA Driver's Group Members (many still submit paper-based forms so un sure how successful this will be, particularly given criteria below)
 1. Members MUST use SAAS Volunteer email address to access
 2. Members MUST set up Multifactor Authentication on devices
5. **Honour Boards relocation** – agreement that these can be moved to Salisbury Training Station crib room – all students coming through will be able to acknowledge those who came before them; approved and Building Services to manage
6. **Fleet at Port station blowing circuit when plugged in** – neither Port station management or Fleet aware of any issues – eventually discussed with Robert Dale who advised this was an issue from November last year and a battery burnt out which tripped circuit; fleet team replaced battery and checked all electrics – he was unsure why raised with SAAS - no further action required
7. **SAAS Service Medals: break in service considerations** - As with all people applying for prior service recognition, SAASROA Driver Group Members will be required to provide evidence of previous service, however, re their SAASROA volunteer service, I have advised the Service Medal Review Panel Members that these members will be managed as per amended volunteer process
8. **Ken Jenkins: reimbursements for private travel to SAAS events with toy ambulance** – no claim has been made that I am aware of but as per above, if SAAS requests Ken bring this ambulance, whoever has organised the event / visit will fund provide Ken reimbursement from their cost centre that is linked to the event (as per current practice for all other vehicle movements etc.)

9. **Budget** – Discussions have been held with Robert Cox how we can appropriately manage supporting some activity financially; advice is for SAASROA to obtain ABN and invoice SAAS, or of looking to support specific events (i.e., AGM), venue could invoice us for predefined amount as a deposit, once this is sorted, we can discuss funding from CEO contingency etc (Finance advise that part easy to facilitate)

10. **Retirement Seminars** – SAASROA have standing spot on agenda; these haven't been run for a while due to COVID & workloads, but looking to run one later this year and SAASROA will have invite to present

11. **SAASROA info for SAAS retirees** – discussion with HR to see if we can include some promotional material in final letters etc.

12. **Volunteer Week function** – we will be looking to have function during Volunteer Week in May, and medals and Volunteer Week Gifts will be distributed to SAASROA Driver Group Members then

13. **Access for St John Vehicle people for Port station** – we are currently working through how we can best make this happen.

SAAS Excellence Awards

On the 01April23 I was invited as President of SAASROA to the SAAS Excellence Awards at the National Wine Centre to present the Retired Officer's Association Community Engagement Award. The recipient of the award went to Karen Woodcock for her work in the development of the SA Ambulance Volunteering Workplace Promotion Kit. Congratulations are extended to Karen, a most deserved recipient of this award.



Cliff PINKARD
President
SAASROA
10Apr23





DRIVERS GROUP REPORT

Hello all Association members,

Well hot x buns have been put away , that's Easter for 2023.

I hope everyone enjoyed the days resting.

In the next few months it's mum's special day as in Mother's Day. It's time for mum to get chocolate, s and flowers

In regards to our drivers group in March we didn't complete any trips. So I had a very quiet month.

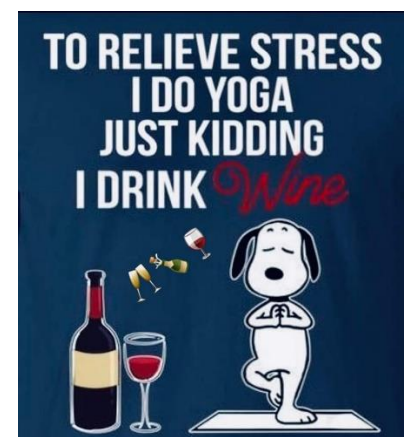
Don't forget our training day , held at the Fulham Gardens Ambulance Station.

Please keep safe and well

Cheers

Ken Jenkins

Task Drivers coordinator ,





AmboCare Report

April 2023

Well, another month and an Easter Celebration goes by for this year, here it is soon to be May.

I hope that you all enjoyed the long weekend and received lots of Easter Eggs.

For those of you that travelled near and far, we trust you had uneventful travels, unfortunately yours truly witnessed some individuals riding motor bikes in the metro and hills areas in a most dangerous and unsafe manner; thank goodness they are generally in the minority but, this year's *road toll* unfortunately speaks for itself in this category.

As we are steadily aging all of us need to be aware that our reactions are not as quick as they once were especially in light of my above comment so, keep yourself safe on the roads please.

I have taken the opportunity to speak with many people on the AmboCare Contact List and whilst most are doing well, there are those who are suffering from the vagaries of long-standing medical issues and the anomalies of aging although, the alternative is much less attractive me thinks.

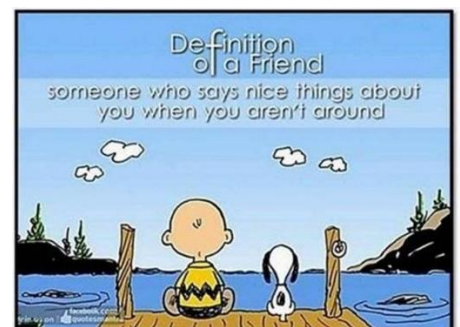
Today I became aware that a couple of our colleagues have suffered from differing medical conditions and are awaiting results of tests, obviously we wish them well with their investigations.

In closing, I wish you all the best until next issue and please remember to keep the welfare of friends and colleagues in mind.

Kindest regards,

Rod Kershaw ASM

Welfare Officer / Vice President





Coffee March 16th – Lakeside Cafe



Lunch April 11th – Donchos Cafe

2023 – Catch Ups



Lunch - 12 Noon	Coffee - 10am
	20 th Hub Fine Foods Café 5/130-150 Hub Drive Aberfoyle Park

<u>MAY</u>		18 th	The Nest Bistro Coffee Bar 104 Walkerville Terrace Walkerville
<u>JUNE</u>	Paradise Hotel 700 Lower North East Road Paradise	13 th	15 th The Loose Caboose 21 First Street Hindmarsh
<u>JULY</u>			20 st Zeea's Eatery (@Brickworks) 38 South Road Torrensville
<u>AUGUST</u>	Flagstaff Hotel 1497 – 1503 Main South Road Darlington	8 th	17 th Watershed Café 665 Salisbury Highway Mawson Lakes
<u>SEPTEMBER</u>			21 st La Crema Coffee Roaster 14 Denis St St Marys
<u>OCTOBER</u>	Stirling Hotel 52 Mount Barker Road Stirling	10 th	19 th Café de Grove (@Garden Grove) 1150 Golden Grove Road Garden Grove
<u>NOVEMBER</u>	AGM		16 th Oar Café 100 Military Road Tennyson
<u>DECEMBER</u>	Watermark Hotel 631 Anzac Highway Glenelg North	12 th	21 st Enjoy Bakery 112 The Parade Norwood

As Covid restrictions may continue to change please continue to text
RSVP numbers to Linda Scheurich

RIVERLAND



May 4 th	10:00	Morning Tea	River Jacks, Berri
Jun 1 st	12:00	Lunch	Loxton Pizza Bar, 7 East Terrace
Jul 6 th	10:00	Morning Tea	Cinnamon Grove Café, 77 Ral Ral Avenue, Renmark **Pet Friendly**
Aug 3 rd	10:00	Morning Tea	River Jacks, Berri
Sep 7 th	12:00	Lunch	Waikerie Club
Oct 5 th	10:00	Morning Tea	Loxton Hotel
Nov 2 nd	10:00	Morning Tea	Lakes Bakery & Cafe, Barmera
Dec 7 th	12:00	Lunch	Renmark Club

Please advise Rod if you will be attending any of these functions.

COMMITTEE MEETINGS These are held on the second Wednesday of even months, at 13:00 at Port Adelaide Ambulance Station. i.e. next will take place on June 14th

THINGS I AM NO LONGER INTERESTED IN

1. Driving at night
2. Driving in the winter
3. Getting on a scale
4. Arguing with idiots
5. Being "fashionable"
6. Going to the gym
7. Kale
8. Wearing clothes that don't stretch.
9. Counting carbs
10. Caring about what other people think about me.

We have another opportunity to revisit the very busy RFDS operation centre.

WHEN: FRIDAY 28TH APRIL 2023 10AM – 12PM

1 Tower Road, Adelaide Airport South Australia

(There is no charge for this event.)

A roof top viewing of airport traffic may be available depending on weather.

Members will need to advise Mary Riddle of expected attendance no later than Tuesday 26th April. RFDS building is a secure site, passes will be required to enter .

Mary Riddle Email: maryriddle0@gmail.com

Members are invited to join ROA members for lunch/coffee at SYLVANAS CAFE Harbor Town, after RFDS visit. At 12.30pm.

Café is located at northern end of Complex.

(More) Seniors' Quotes

Life is short. Break some rules.

I've stopped blaming my parents and started blaming my kids.

Age is strictly a case of mind over matter. If you don't mind,- it doesn't matter.

I have an impressive bank of knowledge. But I can't remember the password to my account.

I wish I was wrong sometimes.

Experience is what you get when you don't get what you want.

Do I look like a people person?

I'm not deaf...I'm ignoring you.

Nostalgia ain't what it used to be.

Being old is not so nice, but it's better than the alternative.

If you think there's good in everybody, then you haven't met everybody.

Despite the high cost of living...it remains popular.

Money isn't everything, but it sure keeps the kids in touch.

Take my advice...I'm not using it.

“Spotlight” 1981 Photo taken at a Management Course



HISTORICAL REPORT – APRIL 2023

Tuesday Feb. 14 after the ROA lunch , I followed Wayne Jones to the Port Station to leave a resus manikin only to find the cupboard with uniforms in at the end of the container was open and the big screw missing . We also noted the safe with the single key in was also open.

Monday Feb 20 Barry , Wayne and myself cleaned everything out of the men’s toilet and assess what is there and identify items missing . Some items were put in the trailer and covered over for Mary .

Saturday March 11 , I went to check on fleet 321 in readiness for a trip to Maitland i.e. fuel , cleanliness only to find the vehicle had flat batteries , so I washed fleet 323 and spoke to the mechanics who said they would jump start her and take her back to Fulham to fit two new batteries, hopefully by Friday 17 for the trip to Maitland .

I found the cover on trailer undone , exposing items for Mary and a piece of cotton I had placed on doorway in men’s toilet, had been pulled down by an unknown person . I restarted all the engines except fleet 321.

Sunday March 19 I returned to the Port Station noting fleet 323 went to Maitland , I started all engines except fleet 321 , I noted the fuse box was slightly open (previously locked) and the two top switches were in the off position . I turned both on and the red lights on above the switches all came on as well as the other side of the post.

Wednesday March 22 I returned and had the pleasure of starting fleet 321 again . **PROBLEM SOLVED !!**

Another working bee will take place shortly in the ladies toilet and repack items for the travelling display and finish restocking the vehicles .

During the month of May as part of History Month , the St. John Historical Museum is taking part with the Museum open all the Sundays 1330 – 1530 at 7 Arundel Road Brighton. The EM-CARE and Panel van will be on display . Come along and relive the good old days . A FREE EVENT !

In October the Museum has been invited to put on display in the Glenelg Discovery Centre with the theme (the Casualty Room) starting in 1929, Nursing Division first sitting on the sand and Ambulance men patrolling the beach weekends and public holidays first under a tent, then in 1932 a room was built at the other end of the Lifesavers . This was the first beach in S.A.to be covered and where the Glenelg Nursing Division was formed and met holding meetings there for some years.

HAPPY EASTER TO ALL
Vehicle Curator
Robert Dale





2023 Destinations

GETAWAY 1

Normanville



This Getaway as is usual, was an enjoyable time generally for all in attendance. We had a few organized events during the week namely; Tuesday morning at the Yankalilla Bakery for Morning Tea then, Dinner at the Yankalilla Hotel on Wednesday night and finally Lunch at the Anchorage Hotel at Victor Harbor. I am happy say that all were very well attended generally (20 – 27 people) and I have included some photos of a couple of the events.



Of course, there was the obligatory Happy Hours catered for ably by the group, who were rostered on in couples to feed the hungry multitude and held in the beautiful Camp Kitchen.



At other times members of the group just enjoyed themselves doing their own trips to the likes of; Second Valley, Rapid Bay, Cape Jervis, and other places of interest.

Well, I am looking forward to the other VL5FT Group Getaway is namely at Jamestown in May and Waikerie in October until then, keep well and happy travels.

Pam and Rod Kershaw

GETAWAY 2

Jamestown - Mary Riddle and Jeff Anderson

In - May 19th - Out - May 26th

Only 6 Van sites left, and no cabins left .

The Park is requesting finalization of bookings by 20th April,

If you are still considering joining the getaway (in vans only) please contact the park by the date above.

Contacts: Office 08 8664 0077

Mobile: 0408 892 807

Please book early as Ali/manager needs to know caravan lengths so she can work out how to put us in a group.

Also, can you let Mary or Jeff know when you make a booking so we can organize Happy Hour catering.

GETAWAY 3

Waikerie Barb and Rod Pearson

In - October 20th - Out - October 28th

Waikerie Holiday Park (08 8541 2651) 5 ensuite cabins and 10 powered sites have been booked under the name "Retired Ambos 2023". Big4 and Seniors discounts apply, however if members have neither of these, they will be provided with a 10% manager's discount. As always, please advise the convenors once you have booked with the park barbarapearson247@gmail.com

